

# Registry Functionality

*A Small Practice Perspective*

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UCHSC

Chair, CAFPCMH Task Force

# Westminster Medical Clinic

- NW Denver suburb
- 6000 patients
- 2.5 physicians, 2 PAs, 15 support staff
- Working class, middle America practice
- Participated in Diabetes Collaborative 2004, IPIP 2006, CO PCMH Pilot 2008, DARTNet 2009
- (CDEMS) → ReachMyDoctor → CINA
- NCQA Diabetes 2006 → Heart/Stroke 2007 → PCMH Level 3 2009
- eClinicalWorks 2008

# Reality of Medicine

“Comprehensive high-quality management of 10 common chronic diseases requires more time than primary care physicians have available for all patient care.”

Annals of Family Practice  
May/June 2005

# Why the heck get started?



# Reality Medicine Rule #1

*We are what we consistently do.  
Excellence is defined by our habits.*

*~ Aristotle*

# Which Direction?



# Reality Medicine Rule #2

*Human kind cannot bear very much reality*

*~ T.S. Eliot*

# What is a Registry

## ■ 3 Primary Functions

### – Prepares Care Team for Visit (Analysis)

- Organized data. Pre-planned visits. Point-of-care data. Flow sheets.
- Enables task delegation to team members
- Provide reminders for clinicians (and patients)

### – Manages Populations Outside Visit (Strategy)

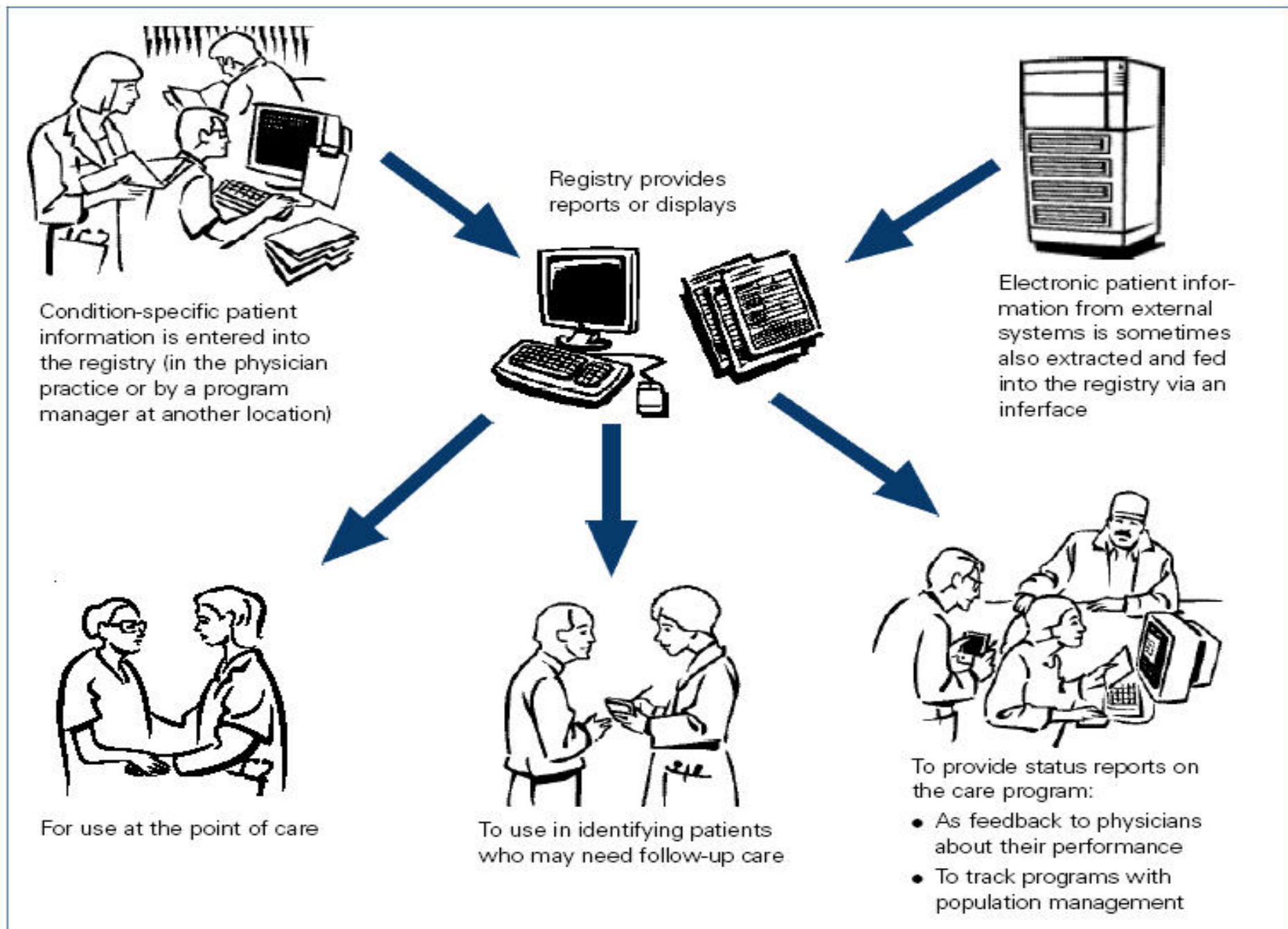
- Enable population management. Ensure regular follow-up. Identification of outliers and recall system.

### – Measures Practice and Physician performance (Accountability)

- Feedback to providers and patients. Monitors performance of practice team and physician.
- Ensure use of evidence-based guidelines



Figure 1. Basic Functions of a Disease Registry



# Registry Choices

- Public Domain
- Commercial
- Electronic Health Records (EHR) with built-ins
- Proprietary (home grown)

# Public Domain Software

- Chronic Disease Electronic Management Systems

([www.CDEMS.com](http://www.CDEMS.com))

- Adult Preventive Health Services Software (APHS)

([www.qualishealth.org/aphs.htm](http://www.qualishealth.org/aphs.htm))

- Chronic Disease Management System (CDMS)

- Patient Care Management System

(<http://www.ntst.com/products/PatientCareManagementSystem.asp>)

- Patient Electronic Care System (PECS2)

([http://www.cpc.org/healthcollabs/documents/PECS\\_Info\\_Packet.pdf](http://www.cpc.org/healthcollabs/documents/PECS_Info_Packet.pdf))

# Commercial Software

- Reach My Doctor ([www.rmdnetworks.com](http://www.rmdnetworks.com))
- Patient Planner (DocSite) – ([www.docsite.com](http://www.docsite.com))
- i2i Systems (MediTracks) –([www.i2isys.com](http://www.i2isys.com))
- CINA ([www.cina-us.com](http://www.cina-us.com))
- WellCentive ([www.wellcentive.com](http://www.wellcentive.com))
- CliniPro ([www.numedics.com](http://www.numedics.com))
- Delphi ([www.delphihealth.com](http://www.delphihealth.com))
- PECSYS ([www.aristos.com](http://www.aristos.com))

# Reality Medicine Rule #3

*A bad workman blames his tools*

*~ Swahili proverb*

# EHRs Do Not Improve Adherence To Diabetes Guidelines in Study

Family Practice News 2005

Use of an EHR in Primary Care Practice is not sufficient for ensuring high quality Diabetes Care

Annals of Family Medicine 2007

# Type 1 Functionality

## Point of Care



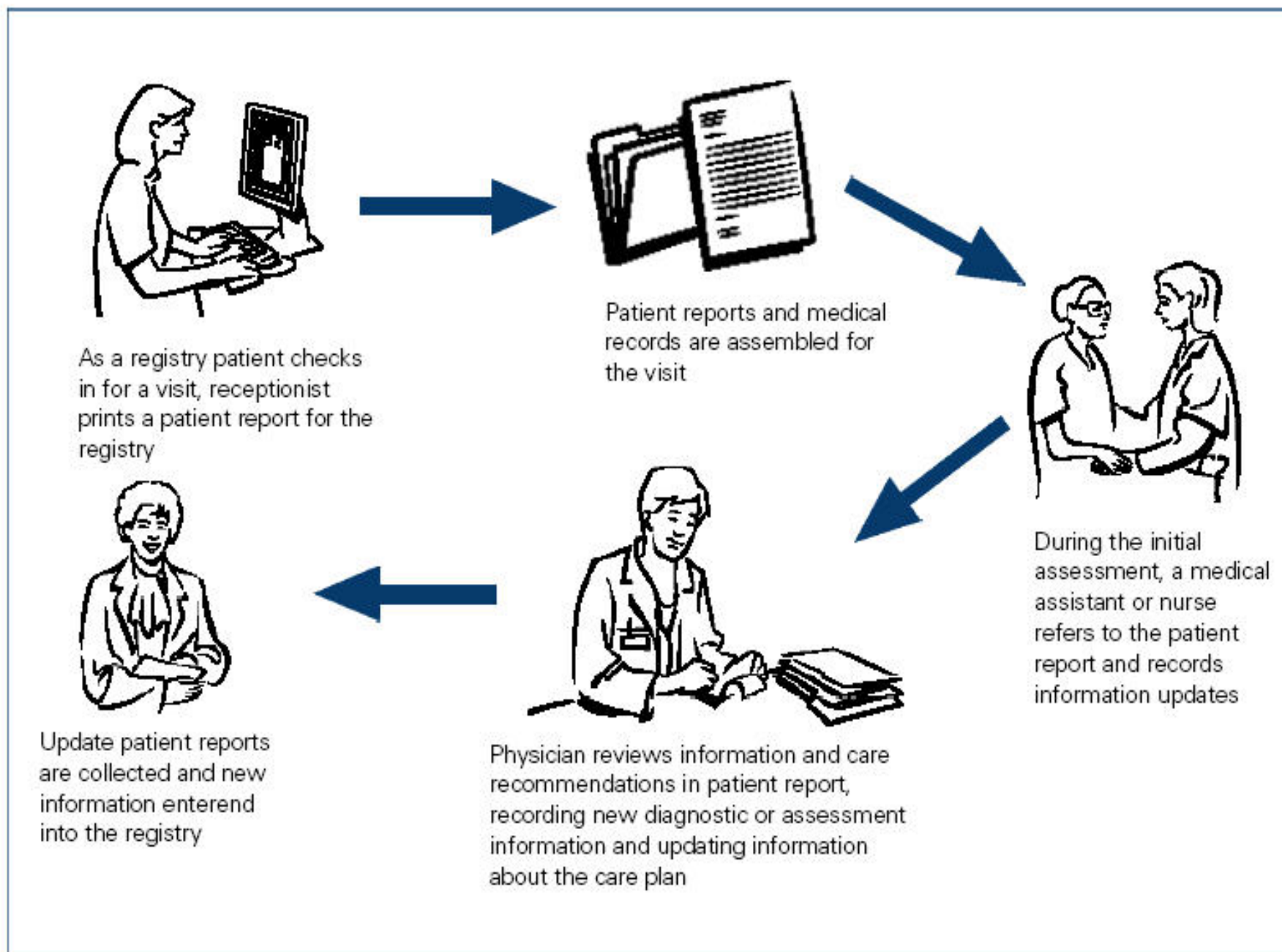
# Type 1 Functionality

## Point of Care

- Consistent, Reliable and Organized
  - Structures and organizes visit
  - Integration of evidence-based guidelines
  - Identifies patient care gaps through alerts and reminders
  - Tool for establishing care team roles and responsibilities.
  - Patient education tool



Figure 2. Typical Workflow for Use of a Stand-alone Disease Registry at the Point-of-Care



# POC Case Study

- The MA checks the next day's schedule at 4 PM and identifies chronic care patients.
- Mr. DM is 53 years old with uncontrolled diabetes with renal manifestations
- She noted that he needs a Pneumovax and lipids test and prints his flow sheet.
- During pre-visit, assesses BP, foot exam, depression, orders test and gives injection per Standing Orders.

▶ Health Record

▶ **Care Plans**

▶ Health Logs

▶ Reminders

▶ Send Message

▶ Upload User Photo

### Legend

● Overdue

● Behind

● Current

## Diabetes, Adult Type 2

FAQ

[Record Visit](#) | [Configure Plan](#) | [Add Condition](#) | [Print Flowsheet](#) | [Remove](#)

### History & Physical

Status	Guideline	Frequency	Due Date	Updated	
●	Diabetes focused visit	3 months	11/23/2007	8/23/2007	<a href="#">i</a>
●	Blood Pressure *	Every Visit	11/23/2007	8/23/2007	<a href="#">i</a>
●	Check Weight (BMI)	Every Visit	11/22/2007	8/22/2007	<a href="#">i</a>
●	Retinal screening *	Annually	12/12/2006	12/12/2005	<a href="#">i</a>
●	Inspect feet	Every Visit	11/23/2007	8/23/2007	<a href="#">i</a>
●	Comprehensive Lower Extremity Exam *	Every Visit	11/23/2007	8/23/2007	<a href="#">i</a>
●	Oral health assessment	6 months	2/23/2008	8/23/2007	<a href="#">i</a>
●	Kidney Assessment *	Annually	6/6/2008	6/6/2007	<a href="#">i</a>

### Labs & Tests

Status	Guideline	Frequency	Due Date	Updated	
●	A1c *	4 months	12/21/2007	8/21/2007	<a href="#">i</a>
●	Triglycerides	Annually	7/31/2008	7/31/2007	<a href="#">i</a>
●	LDL *	Annually	8/22/2008	8/22/2007	<a href="#">i</a>
●	HDL	Annually	7/31/2008	7/31/2007	<a href="#">i</a>

# POC Case Study

- During morning huddle, MA discusses her action plan and Mr. DM's specific needs.
- Medical providers sees patient and reviews care plan.
- PCP performs assessment according to guidelines, engages patient in self-management, agrees on goals, and pre-plans next visit.
- MA calls patient in 2 weeks to see if he has questions or needs assistance in problem solving.

### CDEMS Progress Note 9999999 WG4000

Last Visit		This Visit	
Date mddy	04/01/05		
Weight (pds)	241	pds	
Height (ins)	58	inches	
BP-Sys/Dia	100 / 70		

LN	MOUSE	FN	MICKEY	DOB	01/01/52	Sex	F
Address	111 MAIN ST.; GRAND RAPIDS		Phone	(616) 5 55-124		Age	53
BMI	50.3						
P Language		Ethnicity	Hispanic	PCP	VanSchagen, Joh	Migrant	U
Homeless	U						

Conditions	Dx	D/C	Add
Periph vascular	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cerebrovascular	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
DM-2	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Heart	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
HTN	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hyperlipidemia	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Nephropathy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Neuropathy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Retinopathy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Meds	Rx	D/C	Add
ACE Group	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
AG Inhibitor	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
ARB	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
ASA	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Beta Blocker	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
BP Med	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Diaretic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Glitazones	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Glucophage	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Insulin	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Statin	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sulfonylurea	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Preventive Healt	Eligible	PIP
Diabetes	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Breast Screenin	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Cervical Screenin	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Colon Screenin	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Prostate Screenin	<input type="checkbox"/>	<input type="checkbox"/>

Date	Sys	Dia	Date	Wt
04-01-05	100	70	04/01/05	241
03-22-05	136	80	03/22/05	243
04-06-04	114	66	04/06/04	246

chol	Date	result
chol	10/14/2004	167
chol	9/22/2003	178

ha1c	Date	result
ha1c	3/20/2005	9
ha1c	10/14/2004	9.6
ha1c	6/4/2004	8.9

hdl	Date	result
hdl	10/14/2004	38
hdl	9/22/2003	38

ldl	Date	result
ldl	10/14/2004	106
ldl	9/22/2003	109

trig	Date	result
trig	10/14/2004	114
trig	9/22/2003	154

Services	LDate	LResult	NDate	NResult	Ref	De
DM Educ						
Exer Asmt						
Flu Vac	01/05					
Foot chk						
Mammogra						
NutEduc						
Pap Smear						
Pne Vac	01/05					
Retinal Ex	06/04					
SM Goal						
Smke Asmt	04/04	never				
Smke Ce						

Labs	LDate	LResult	NDate	NResult	Ref	De
HbA1c	03/05	9				
24HrUrinePr						
ALT (SGLT)						
AST (SGOT)						
MIAl/Crea rat	10/04	6				
Ser. Creatini						
Cholesterol	10/04	167				
HDL	10/04	38				
LDL	10/04	106				
Triglyceride	10/04	114				

**NOTE** mamm 3/2004

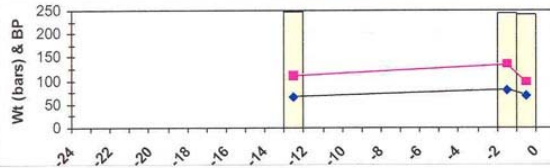
**NEW NOTE** (leave blank if no change)

Next Visit Date \_\_\_\_\_ Provider \_\_\_\_\_

**Recommendations**

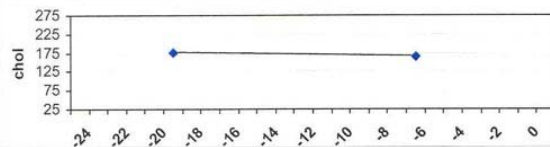
Test/Treatment Type	Standard for your care	Last Done	Additional Information
Complete foot exam	Every 12 months		Complete exam every 12 months
Discuss smoking status	Cessation offered if smoker	04/04 never	Smoking causes high risk of heart attack, stroke, and amputations
GlycoHgb (HbA1c)	Every 6mo.: Goal <= 7	03/05: 9	Checks for control of your blood sugars over past 3 months.
Influenza vaccine	Every 12 months in Fall	01/05	Helps prevent influenza infection.
LDL "Bad" Cholesterol	Goal <= 100	10/04: 106	Checks for "bad" cholesterol that can cause heart attacks.
Pneumonia vaccine	Once	01/05	Prevents common type of pneumonia, meningitis, and blood infection.
Retinal (eye) exam	Dilated exam every 12 mo	06/04	Checks for eye damage from diabetes (can cause blindness).
Self management goal	Discussed each visit		Helps you set your own goals for controlling your diabetes.
Urine MicroAlbumin	Every 12mo: Goal <= 20	10/04: 6	Checks for protein in your urine (sign of kidney damage.)

**Your Blood pressure and Weight**



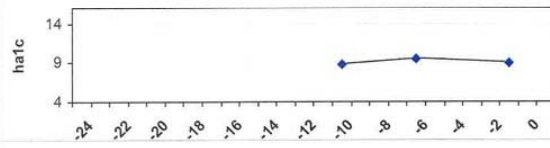
Date	Sys	Dia
04-01-05	100	70
03-22-05	136	80
04-06-04	114	66

Date	Wt
04/01/05	241
03/22/05	243
04/06/04	246



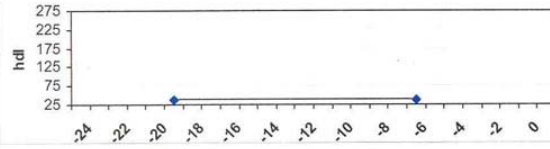
**chol**

Date	result
10/14/2004	167
9/22/2003	178



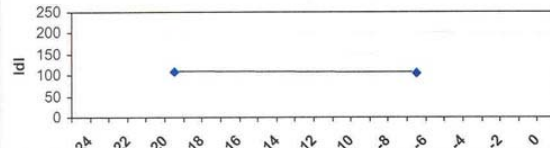
**ha1c**

Date	result
3/20/2005	9
10/14/2004	9.6
6/4/2004	8.9



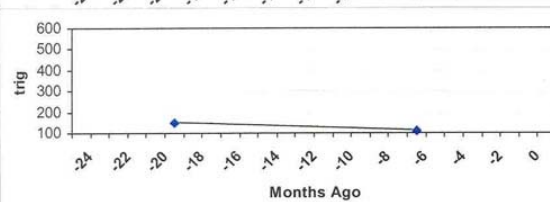
**hdl**

Date	result
10/14/2004	38
9/22/2003	38



**ldl**

Date	result
10/14/2004	106
9/22/2003	109



**trig**

Date	result
10/14/2004	114
9/22/2003	154

Patient Flow Sheet

CCGC Network

Name: W [REDACTED] Gender: Female MRN#: [REDACTED]  
 Address: [REDACTED] PCP: Joseph Barclay  
 Conditions: Asthma, Diabetes, Prevention Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Diabetes Flowsheet

	Frequency	Date	Date	Date	Date	Date	Date
<b>History &amp; Physical</b>							
Blood Pressure	Every Visit	5/12/08	6/16/08	11/11/08	12/11/08	2/12/09	
Check Weight (BMI)	Every Visit	135/85	140/90	111/80			
Retinal Screening	Annually		Y	Referral	Referral		
Dental/Oral health assessment	6 Months		Y	Y			
Kidney Assessment	Annually			Y		Y	
<b>Labs &amp; Tests</b>							
A1c	3 Months	8.2					
Triglycerides	Annually	94					
LDL	Annually	151					
HDL	Annually	81					
Total Cholesterol	Annually	251					
Estimated GFR	Annually						
<b>Medications &amp; Immunizations</b>							
Assess Need For ACE/ARB	Every Visit		Y	Y	Y		
Assess Need For Statin	Every Visit			Y	Y		
Influenza Vaccination	Annually		Y	Declined			
Pneumococcal Vaccination	Scheduled			Declined			
<b>Lifestyle &amp; Counseling</b>							
Set Self-Management Goals	Every Visit				Y		
Diabetes Patient Education / Nutrition / Exercise	Every Visit						
Tobacco Use/Exposed to 2nd hand smoke	Every Visit		Y		Y		
Smoking/Second Hand Smoke Counseling	Every Visit		Y				

Done

Unknown Zone

# Type 2 Functionality

## Population Management



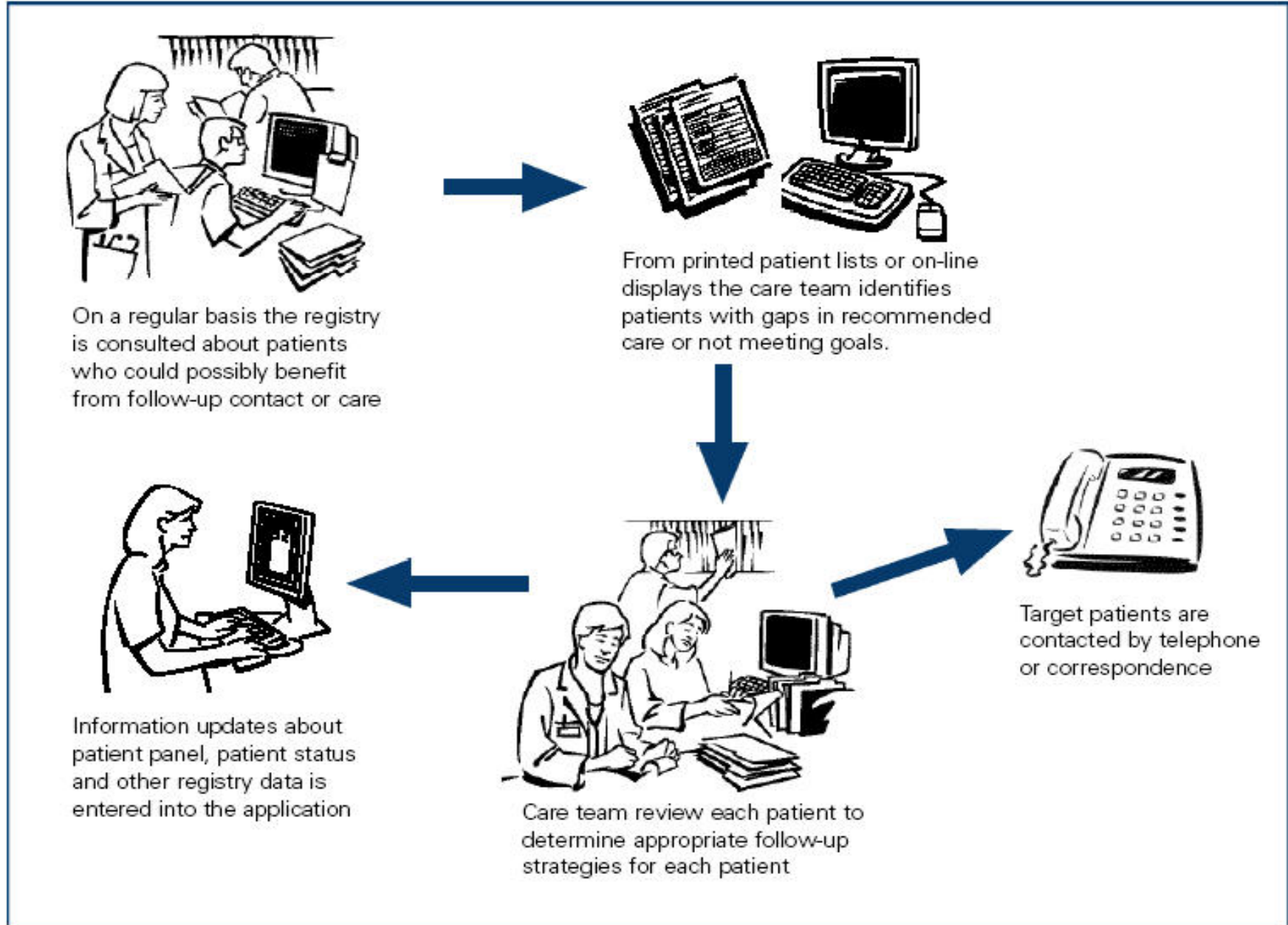


# Type 2 Functionality

## Population Management

- Care management via outreach to patients
  - Track patients between visits:
    - Who has a chronic disease?
    - Who is due for a visit? Who is overdue?
    - Who needs labs? Which labs?
    - Who is due for preventive services?
    - Who needs a Self-management goal?
  - Safety
    - Drug recall

Figure 7. Typical Workflow for Use of a Disease Registry to Identify Patients for Outreach



# Population Management

- Beginning of each month, the Physician Assistant queries the Registry for the agreed upon measures.
- The data is presented to the providers at their monthly care management meeting.
- Individual and population needs are identified as the focus of the month.
- An action plan is written and posted.

Microsoft Office Word 2003   Microsoft Office Excel 2003   Microsoft Office Publisher 2003   North Suburban VPN Connection   Quest Lab Codes.txt   Adobe Reader 9 Installer

### Microsoft Access

File Edit View Insert Format Records Tools Window Help

IstQueries

### Reports

#### Queries

Select Clinic

Westminster Medical Clinic

Clinic Selected WEST1

Clinic's in List WEST1

Period

Date Range

Start Period

Days

End Period

01/05/2009

Senior Monthly Leadership Graphs

List patients without an office visit in the period

List patients with a BP > systolic Or > diastolic

List patients on xxx med

List patients with xxx health conditions

List patients with xxx med and xxx health condition

List patients receiving xx service

List patients not receiving xx service

start

Document2 - Micro...

RPT-2k-05-04-03 : ...

Reports

8:16 AM

Microsoft Access - [frmListPatients : Form]

File Edit View Insert Format Records Tools Window Help

cmdDisplay

Clinic **WEST1** PCP Hammond Age [ ]  
 Period 01/01/08 to 01/05/09 Pats w/ Dx DM-2 Gender [ ]

Demographics	Services	Labs:
name address phone pcp sex age	AdvDirective Breast Exam Colonoscopy CustomService Dental DeprScreen DM Educ DM Risk Ass Exer Ass ExposureHx Flu Vac FOBT Foot chk Foot risk Ass Hospital/ER In-house Cnsl Mammogram MH Hosp MH Ref	24HrUrineProtein A1C a-antitrypsin ABG ABI MiAl/Crea ratio ALT (SGLT) AST (SGOT) Blood Level CBC Chem Panel 12 Cholesterol Ser. Creatinine CXR DXA EKG Fasting BS FEV1 HDI

Other

last visit date  
 BP  
 BMI

Display List [!]

Record: 1 of 1

Form View NUM

start 3 Microsoft Access f... 8:14 AM

LatestVisitDate	bp-	Foot chk	Retinal Ex	a1c	Idl
12/31/2008	12/31/08 ( 113/66 )	10/01/08	12/09/08	10/16/08 ( 10.5 )	10/16/08 ( 64 )
12/30/2008	11/26/08 ( 150/88 )	11/01/08	12/30/08	11/24/08 ( 11.4 )	11/24/08 ( 106 )
12/23/2008	12/23/08 ( 132/60 )		09/01/08	12/03/08 ( 6.5 )	12/03/08 ( 64 )
12/22/2008	12/22/08 ( 122/60 )		03/13/08	12/10/08 ( 7.5 )	12/10/08 ( 113 )
12/18/2008	12/18/08 ( 122/64 )	09/08/08	08/26/08	09/18/08 ( 6.1 )	09/18/08 ( 53 )
12/18/2008	12/18/08 ( 158/87 )		10/21/08	12/11/08 ( 6.2 )	12/11/08 ( 62 )
12/18/2008	12/18/08 ( 112/62 )	02/15/08	09/26/08	11/01/08 ( 6.3 )	11/01/08 ( 90 )
12/15/2008	12/15/08 ( 147/72 )			12/08/08 ( 6.8 )	12/08/08 ( 101 )
12/15/2008	12/15/08 ( 123/80 )			12/08/08 ( 5.9 )	12/08/08 ( 78 )
12/12/2008	12/12/08 ( 123/80 )	12/12/08	12/12/08	11/07/08 ( 7.0 )	11/07/08 ( 73 )
12/12/2008	12/12/08 ( 128/74 )		09/04/08	12/12/08 ( 7.8 )	12/12/08 ( 65 )
12/11/2008	12/11/08 ( 118/74 )	12/11/08	05/02/08	12/01/08 ( 6.0 )	12/01/08 ( 73 )
12/08/2008	12/08/08 ( 130/80 )	04/07/08	11/24/08	11/28/08 ( 6.2 )	11/28/08 ( 64 )
12/03/2008	12/03/08 ( 158/102 )	11/17/08	11/17/08	11/26/08 ( 11.2 )	11/26/08 ( 76 )
12/01/2008	12/01/08 ( 122/76 )	12/01/08		11/14/08 ( 6.1 )	11/14/08 ( 94 )
12/01/2008	( / )				
11/25/2008	11/25/08 ( 128/82 )	07/10/08		09/22/08 ( 10.4 )	09/22/08 ( 121 )
11/25/2008	11/25/08 ( 110/62 )			10/22/08 ( 12.2 )	10/01/08 ( 79 )
11/24/2008	11/24/08 ( 116/77 )		11/15/08	11/18/08 ( 7.5 )	11/18/08 ( 86 )
11/24/2008	11/24/08 ( 130/84 )		09/29/08	06/13/08 ( 6.6 )	06/13/08 ( 59 )
11/24/2008	11/24/08 ( 125/82 )		03/01/08	11/20/08 ( 13.8 )	11/20/08 ( 105 )
11/18/2008	11/18/08 ( 118/76 )		08/11/08	08/18/08 ( 5.5 )	08/18/08 ( 48 )
11/18/2008	11/18/08 ( 130/65 )		04/03/08	04/02/08 ( 8.4 )	04/02/08 ( 95 )
11/17/2008	11/17/08 ( 150/84 )			07/27/08 ( 5.7 )	07/27/08 ( 108 )
11/17/2008	11/17/08 ( 130/82 )				11/05/08 ( 66 )
11/14/2008	11/14/08 ( 138/82 )	08/01/08	04/15/08	11/06/08 ( 6.7 )	11/06/08 ( 65 )
11/13/2008	10/27/08 ( 142/82 )	10/27/08	10/27/08	10/01/08 ( 6.9 )	10/01/08 ( 74 )
11/13/2008	11/13/08 ( 120/70 )	07/01/08		07/16/08 ( 9.8 )	04/01/08 ( 51 )
11/13/2008	11/13/08 ( 130/68 )	09/01/08	08/04/08		09/01/08 ( 79 )
11/13/2008	11/13/08 ( 126/84 )	10/13/08			
11/08/2008	08/27/08 ( 146/78 )	08/08/08		11/08/08 ( 8.5 )	11/08/08 ( 90 )
11/03/2008	11/03/08 ( 122/82 )		10/23/08	10/29/08 ( 7.5 )	10/29/08 ( 114 )
10/27/2008	10/27/08 ( 110/64 )			03/10/08 ( 8.8 )	07/11/08 ( 96 )
10/23/2008	10/23/08 ( 129/63 )		02/01/08	10/06/08 ( 7.1 )	10/06/08 ( 56 )
10/23/2008	10/23/08 ( 122/64 )			10/13/08 ( 6.4 )	10/13/08 ( 158 )
10/16/2008	10/16/08 ( 145/83 )	10/16/08		08/15/08 ( 6.3 )	04/10/08 ( 86 )
10/16/2008	10/16/08 ( 116/69 )	07/10/08	02/04/08	10/09/08 ( 6.9 )	10/16/08 ( 96 )
10/15/2008	10/15/08 ( 128/76 )	02/06/08	01/30/08	09/21/08 ( 6.7 )	09/30/08 ( 89 )
10/09/2008	10/09/08 ( 122/70 )	02/15/08	10/02/08	08/11/08 ( 6.8 )	03/11/08 ( 112 )
10/09/2008	10/09/08 ( 124/84 )		10/01/08	10/06/08 ( 6.9 )	10/06/08 ( 69 )
10/09/2008	02/21/08 ( 111/72 )	10/09/08		10/09/08 ( 8.1 )	
10/09/2008	10/09/08 ( 140/64 )	09/11/08	09/11/08	01/14/08 ( 6.3 )	01/14/08 ( 89 )
10/07/2008	10/07/08 ( 120/70 )	10/01/08	12/12/08	09/30/08 ( 6.7 )	09/30/08 ( 99 )
10/06/2008	10/06/08 ( 126/67 )		10/16/08	09/16/08 ( 7.7 )	09/16/08 ( 74 )
10/06/2008	10/06/08 ( 114/67 )			09/30/08 ( 6.8 )	09/30/08 ( 107 )
10/02/2008	10/02/08 ( 119/79 )		09/24/08	09/21/08 ( 6.2 )	05/25/08 ( 98 )

## Diabetes Population Management Monthly Report

**Provider:**

**Date:**

## Diabetes Population Management Monthly Report

**Provider: Hammond**

**Date: xx/xx/xx**

Patient	Labs Due	Appointment Due	Chart Review	Other Action
Mr. DM	HgA1c	Yes		Needs Pneumovax
Pt X			Update chart HgA1c 6.2	
Pt Y				Call and check on how is doing
Pt Z				Have pt return HBPM results

Comments/ Instructions: Please call all overdue patients marked on spreadsheet to schedule pre-visit labs and appointment. MAs to perform PDSA on foot exams.

Follow-up/ Reply:

# Type 3 Functionality

Performance measures and monitoring



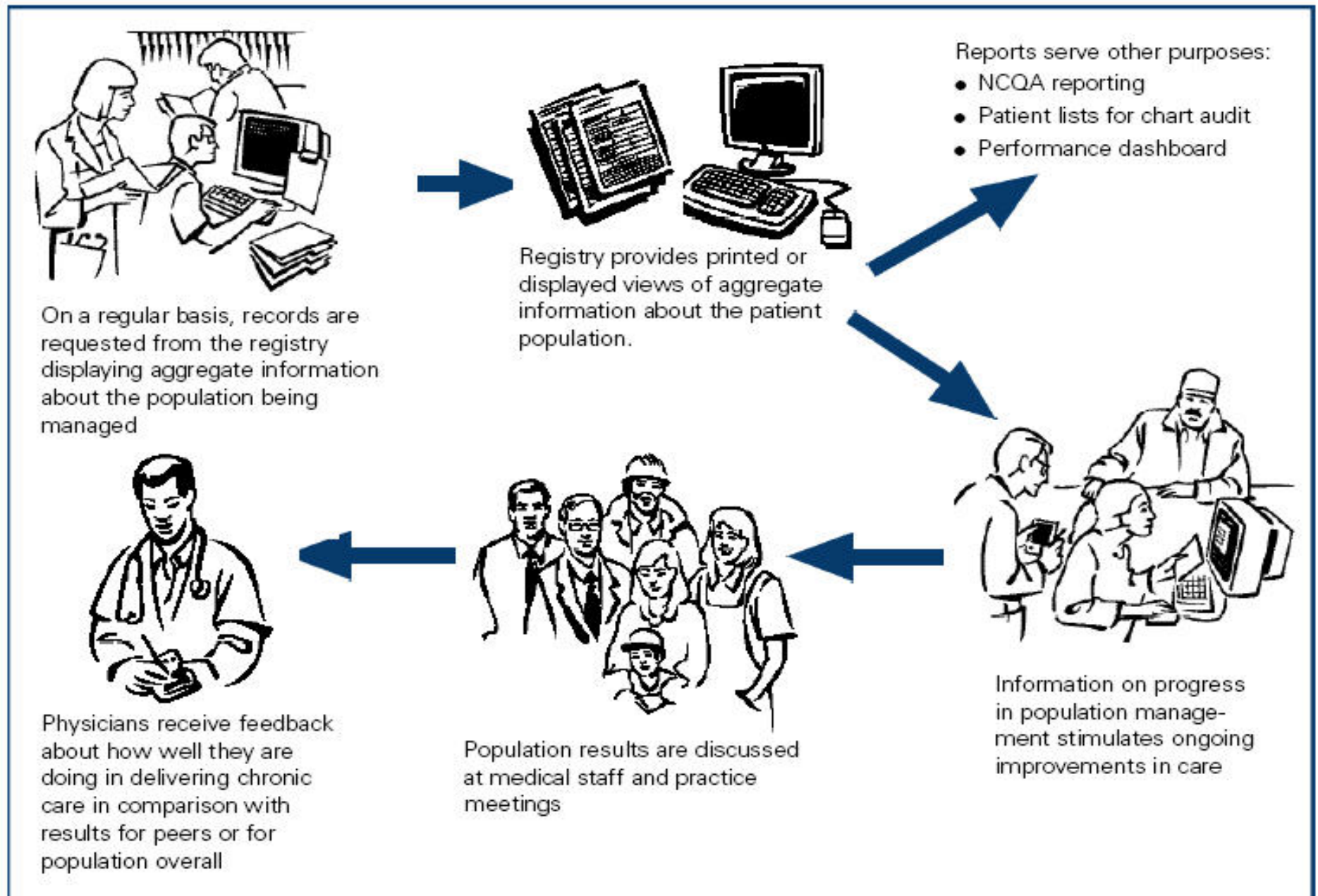


# Type 3 Functionality

## Performance measures and monitoring

- Measuring performance for quality improvement
  - Aggregated information on care management of practice patients
    - Feed back to individual physicians and practice about condition-specific status of practice patients
  - Aggregated data is basis for performance monitoring for quality and patient safety

**Figure 10. Typical Workflow for Use of Population Reporting from a Disease Registry**



# Diabetes Summary Report

Westminster Medical Clinic

Between

01/01/2000 And 11/17/2005

## DEMOGRAPHICS

## VISIT INFO

## TEST INFO

### 1. Patients

174	6.41	a. Total registry
0	0.0%	b. Pts w/ 0 visits
13	7.5%	c. Pts w/ 1-2 visits
48	27.6%	d. Pts w/ 3-5 visits
113	64.9%	e. pts w/ 6+ visits

### 2. Gender

95	54.6%	a. Female
77	44.3%	b. Male
2	1.1%	c. Unspecified

### 3. Age

1	0.6%	a. Age unspecified
1	0.6%	b. <= 14
0	0.0%	c. 15-29
20	11.5%	d. 30-39
28	16.1%	e. 40-49
53	30.5%	f. 50-59
71	40.8%	g. 60+
57	32.8%	h. 65+
100	57.5%	i. 55+
141	81.0%	j. 45+

### 4. Ethnicity

35	20.1%	a. White
0	0.0%	b. Black
1	0.6%	c. American Indian
2	1.1%	d. Asian
19	10.9%	e. Hispanic
117	67.2%	f. Other/unspecified

### 5. Insurance

92		a. Insurance indicated
85	48.9%	b. Commercial
0	0.0%	c. Medicaid
7	4.0%	d. Medicare
0	0.0%	e. Other
0	0.0%	f. None

### 6. Type of diabetes

0	0.0%	a. Unspecified
1	0.6%	b. Type 1
173	99.4%	c. Type 2

### 7. Special Populations

0	0.0%	a. Migrant
1	0.6%	b. Homeless

\* Smoker=marked as current at last evaluation or referred, attended or declined cessation class in period.

\*\*Smoke cessation class attended, declined or referred to.

### 8. BMI

140	80.5%	a. BMI calculated
10	5.7%	b. <= 24
35	20.1%	c. 25 - 29
95	54.6%	d. >= 30

### 9. Blood pressure

174	100.0%	a. Patients w/ bp checked
125	74	b. Avg systolic & Avg diastolic
41	23.6%	c. BP checked _ > 135/85
19	10.9%	d. BP checked _ > 140/90

89	51.1%	e. BP checked _ < 130/80
152	87.4%	f. BP checked _ < 140/90

### 10. Medications

13	7.5%	a. Insulin
42	24.1%	b. Sulfonylurea
94	54.0%	c. Glucophage
35	20.1%	d. Glitazones
0	0.0%	e. Prandin
1	0.6%	f. AG_Inhibitor
112	64.4%	g. ACE inhibitors
115	66.1%	h. Lipid lowering
113	64.9%	i. Aspirin
15	8.6%	j. BP Other

### 12. Health Profile (number % diagnosed)

4	2.3%	a. Cerebrovascular
0	0.0%	b. Heart Disease/CAD
97	55.7%	c. Hypertension
88	50.6%	d. Hyperlipidemia
14	8.0%	e. Nephropathy
9	5.2%	f. Neuropathy
0	0.0%	g. Periph Vascular
4	2.3%	h. Retinopathy
1	0.6%	i. Self monitors BG
1	0.6%	j. Physical Activity >3/ wk
69	39.7%	k. Smoker *

### 13. Specialty Care Received

30	17.2%	a. Dm Education
13	7.5%	b. Nutrition
144	82.8%	c. Retinal Exam
65	94.2%	d. Smoke Cessation**
141	81.0%	e. Pneumonia Vaccination
143	82.2%	f. Flu Vaccination
17	9.8%	g. Dental
139	79.9%	h. Self mgt goal set?
111	63.8%	i. Foot Check

### 14. A1c or Glycosylated Hb

173	99.4%	a. Patients with test
173	7.0	b. W/ numeric result, Avg
111	64.2%	c. Under 7.0
36	20.8%	d. 7.0 to 7.9
15	8.7%	e. 8.0 to 8.9
6	3.5%	f. 9.0 to 9.9
5	2.9%	g. 10+
8	4.6%	h. >= 9.5
147	85.0%	i. < 8.0
168		j. 2+ A1c >=91dys apa

### 15. MicroAl/Creatinine Ratio

165	94.8%	a. Patients with test
163	62.2	b. W/ numeric result, Avg
133	81.6%	c. Normal (<= 30)

### 16. Creatinine

169	97.1%	a. Patients with test
169	1.64	b. W/ numeric results, Avg
157	92.9%	b. Under 1.5
9	5.3%	c. 1.5 - 2.5
3	1.8%	d. > 2.5

### 17 Liver Function Test

169	97.1%	a. Patients with ALT test
169	22.1	b. W/ numeric results, Avg
142	81.6%	c. Patients with AST
142	21.1	d. W/ Numeric result, Avg

### 18. Lipid Profile

173	99.4%	a. With Cholesterol test
173	171.0	b. W/ numeric result, Avg
25	14.5%	c. Patients >= 200

173	99.4%	d. With Triglycerides test
173	161.9	e. W/ numeric result, Avg
50	28.9%	f. Patients >= 200

173	99.4%	g. With HDL test
173	45.9	h. W/ numeric result, Avg
27	15.6%	i. Patients < 35

173	99.4%	j. With LDL test
173	92.2	k. W/ numeric results, Avg
113	65.3%	m. Patients Under 100
50	28.9%	l. Patients 100 - 129
10	5.8%	m. Patients >= 130
163	94.2%	n. Patients < 130

### 19. 24 hour Ur Protein

0	0.0%	a. Patients with test
0		b. W/ numeric result, avg

# Diabetes Measures Summary - Westminster Medical Clinic

Physician: All Providers

Time Period: August

Patients			
Initial Diabetic Population Estimate:			
Patients w/Care Plan (Age: 18-95)		248	
Patients w/Care Plan (Age: 40-95)		238	
<b>A1c</b>			
A1c Documented	> 90%	232	93.5 %
A1c Not Documented		16	6.5 %
Less than 7.0	> 75%	132	53.2 %
Greater than 7.0, Less than 9.0		83	33.5 %
Greater than 9.0	< 5%	33	13.3 %
<b>Cholesterol</b>			
LDL Documented	> 90%	221	89.1 %
LDL Not Documented		27	10.9 %
Under 100	> 70%	162	65.3 %
Under 130	> 90%	204	82.3 %
Between 100-129		39	15.7 %
>= 130		44	17.7 %
<b>Specialty Care</b>			
Aspirin Usage (Age: 40+)	> 85%	107	43.1 %
Influenza Vaccination	> 75%	152	61.3 %
Inspect Feet	> 90%	195	78.6 %
Kidney Assessment	> 90%	223	89.9 %
Set Self-Management Goals	> 90%	188	75.8 %
<b>BP Range Description</b>			
BP Documented		225	90.7 %
BP Not Documented		23	9.3 %
< 130/80	> 70%	136	54.8 %
< 140/90	> 90%	196	79.0 %
> 135/85		13	5.2 %
> 140/90		32	12.9 %
<b>Retinal Screening</b>			
Retinal Screening	> 80%	200	80.6 %
<b>Tobacco Use</b>			
Not Assessed		36	14.5 %
Assess Smoking Status	> 80%	212	85.5 %
Smoker/Exposure		62	25.0 %
Counseled on Smoke/Exposure	> 90%	33	53.2 %

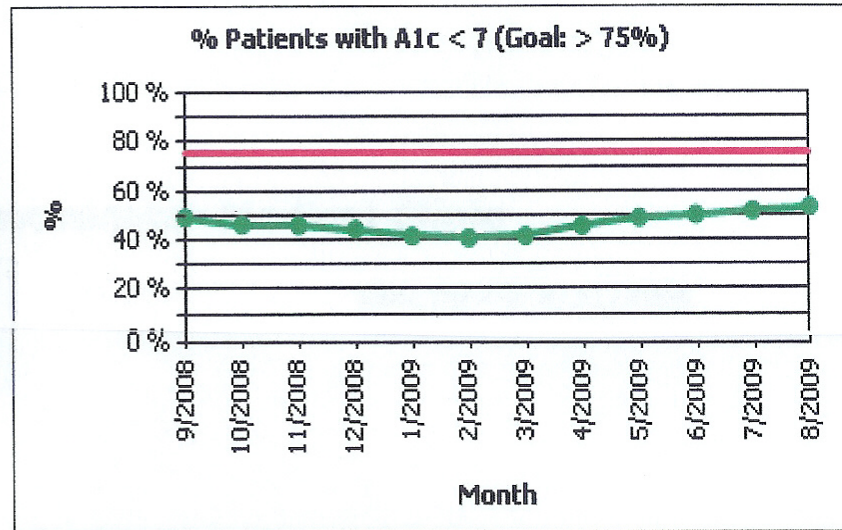
# A1c Measure Summary - Westminster Medical Clinic

Physician:

Time Period: 8/31/2009

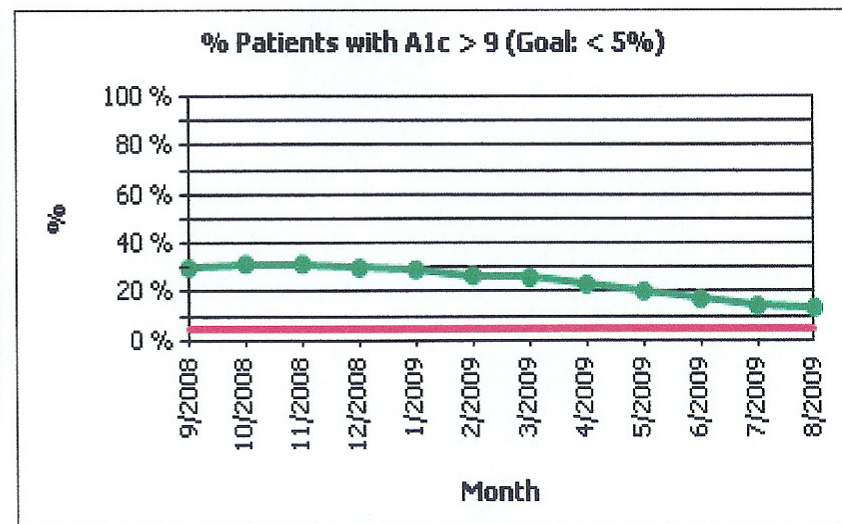
% Patients with A1c < 7 (Goal: > 75%)

Month	# Pts	Count	%
8/2009	248	132	53.23%
7/2009	248	128	51.61%
6/2009	248	124	50.0%
5/2009	248	121	48.79%
4/2009	248	113	45.56%
3/2009	248	103	41.53%
2/2009	248	101	40.73%
1/2009	248	103	41.53%
12/2008	248	110	44.35%
11/2008	248	114	45.97%
10/2008	248	115	46.37%
9/2008	248	122	49.19%



% Patients with A1c > 9 (Goal: < 5%)

Month	# Pts	Count	%
8/2009	248	33	13.31%
7/2009	248	35	14.11%
6/2009	248	42	16.94%
5/2009	248	50	20.16%
4/2009	248	57	22.98%
3/2009	248	64	25.81%
2/2009	248	66	26.61%
1/2009	248	72	29.03%
12/2008	248	74	29.84%
11/2008	248	78	31.45%
10/2008	248	78	31.45%
9/2008	248	74	29.84%



# PDSA

## ■ AIM

- Improve LDL <100 in >70% of DM patients

## ■ Measure

- Registry review

## ■ Test

- Identify and contact patients
- Adjust medication per algorithm
- Re-test LDL in 1 month

# Registry Query

- 78 patients (68% control)
- LDL > 100 in 25 patients

Change treatment	5 (20%)
Overdue for lab or visit (> 3 months)	6 (24%)
Previous action pending. Visit or lab already scheduled	5 (20%)
Administrative error (not my patient or no DM)	5 (20%)
Registry error (current lab missing)	2 (8%)
Extreme outliers identified (>1 year)	2 (8%)

# Reality Medicine Rule #4

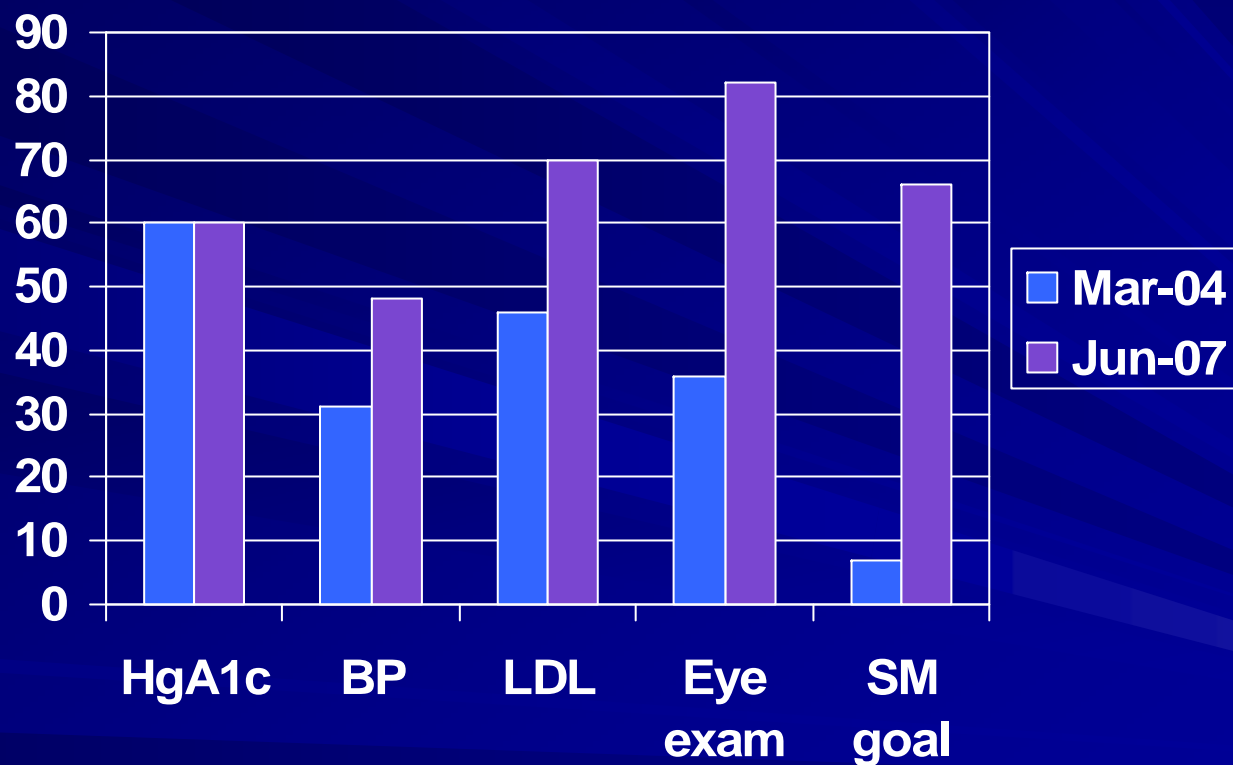
*Never confuse motion with action*

*~ Ernest Hemingway*



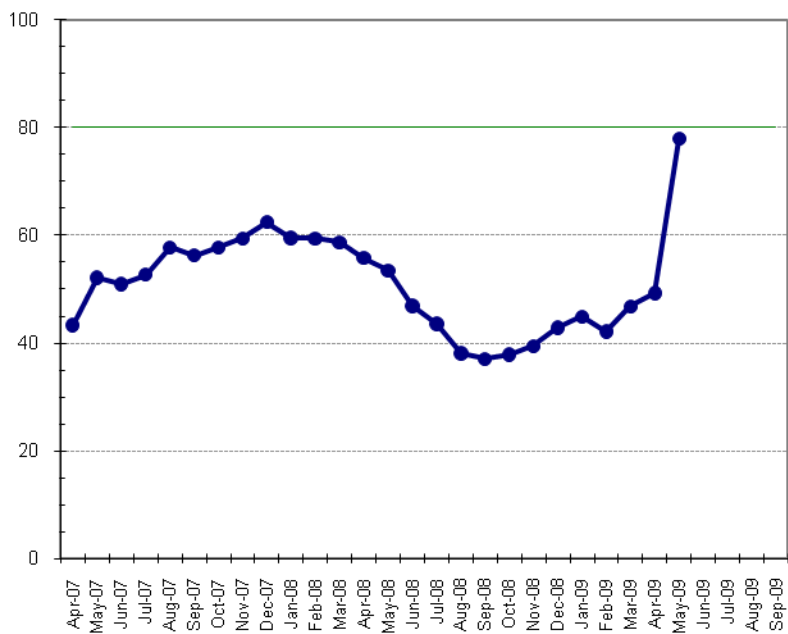
# Overall WMC Outcome

## % patients at goal

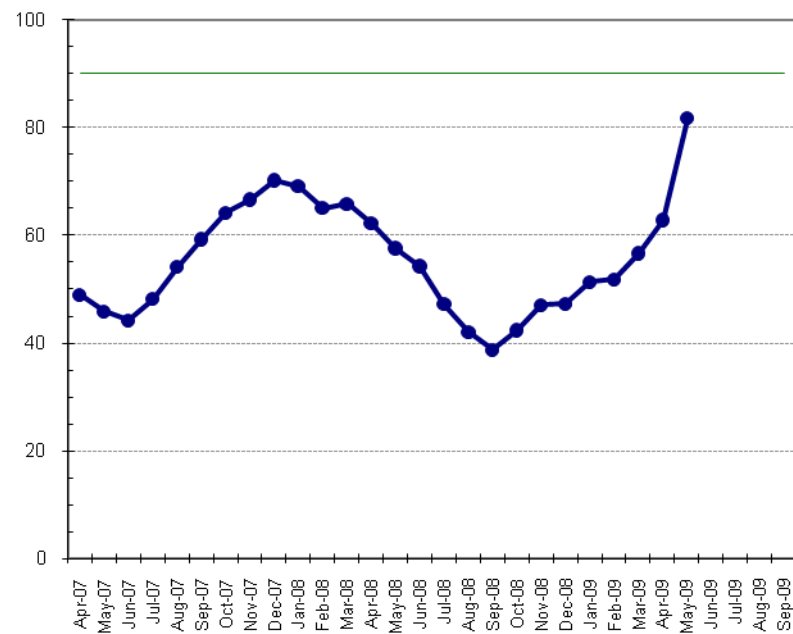


# WMC Run Charts

Pct of DM patients with eye exam



Pct of DM patients with foot exam



# Registry Cycle

- Before patient visit, review care plan /flow sheet and print graphs
- MA updates data and performs tasks per standing orders
- During the visit, Chronic care management. Use graphs and recommendations for patient self-management.
- Pre-plan next visit
- After the visit, note is routed for data entry to update visit information and labs.
- Note filed in chart
- Monthly review of patient measures and physician performance. Test change.

# Barriers

- Time
- Belief system and willingness
- Learning new skill contrary to your natural instinct
- Dysfunctional and out-dated clinic infrastructure (Data entry, Charting, Collection and use of data)
- Resistance to change
- Reimbursement

# Steps to Success

- Assign a Registry Champion
- Provide time to research options
- Select a registry
- Pick a disease and research guidelines
- Set practice goals and measures
- Determine data entry issues and populate registry
- Demand a laboratory interface
- Determine workflow issues and protocols
- Monthly care coordination and maintenance
- Report measures to physicians and across practice in open forum

# WMC Team



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Michael Ferr  
With database work by Laurenne Shattin, Ph.D.

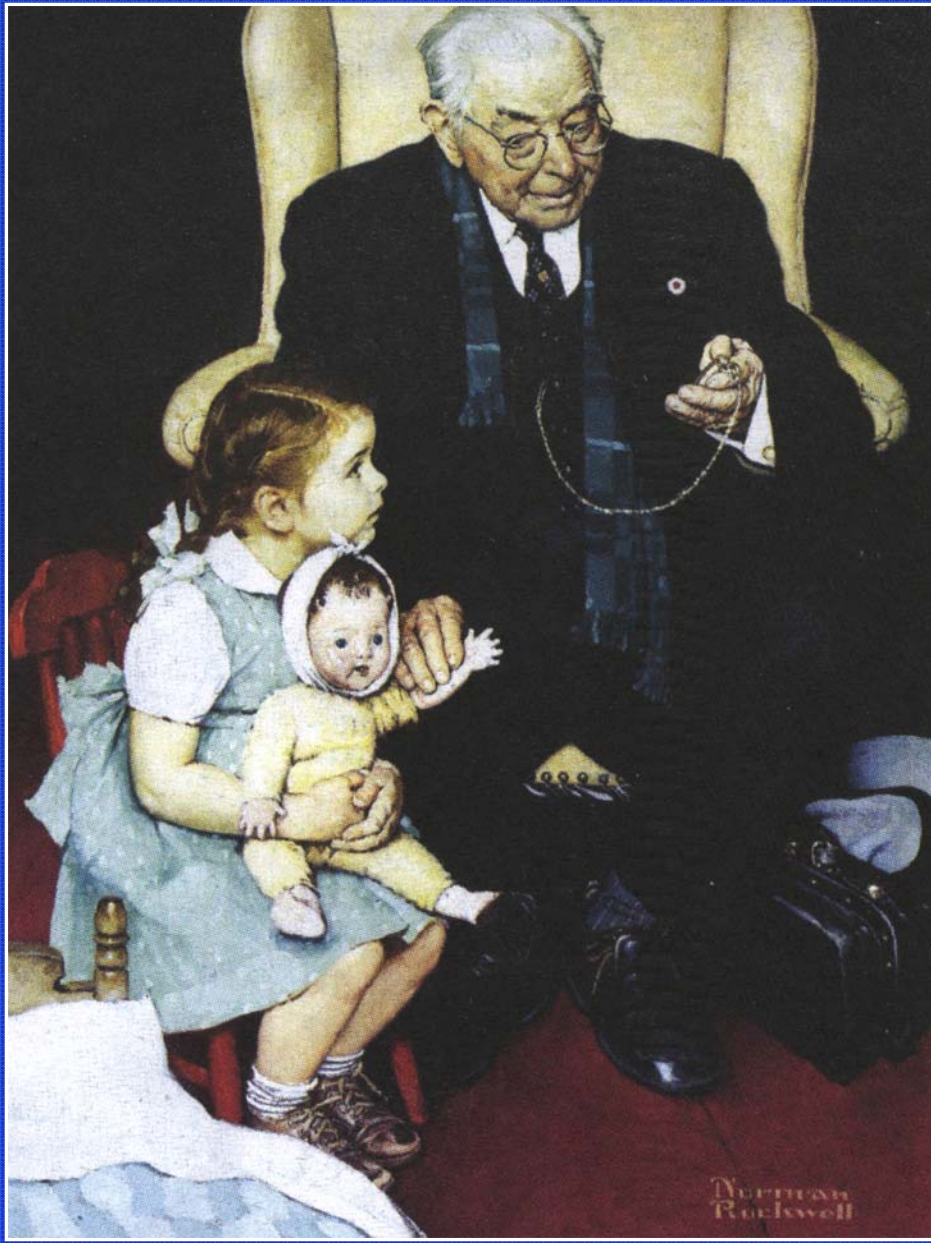
**jst**  
works

# Reality Medicine Rule #5

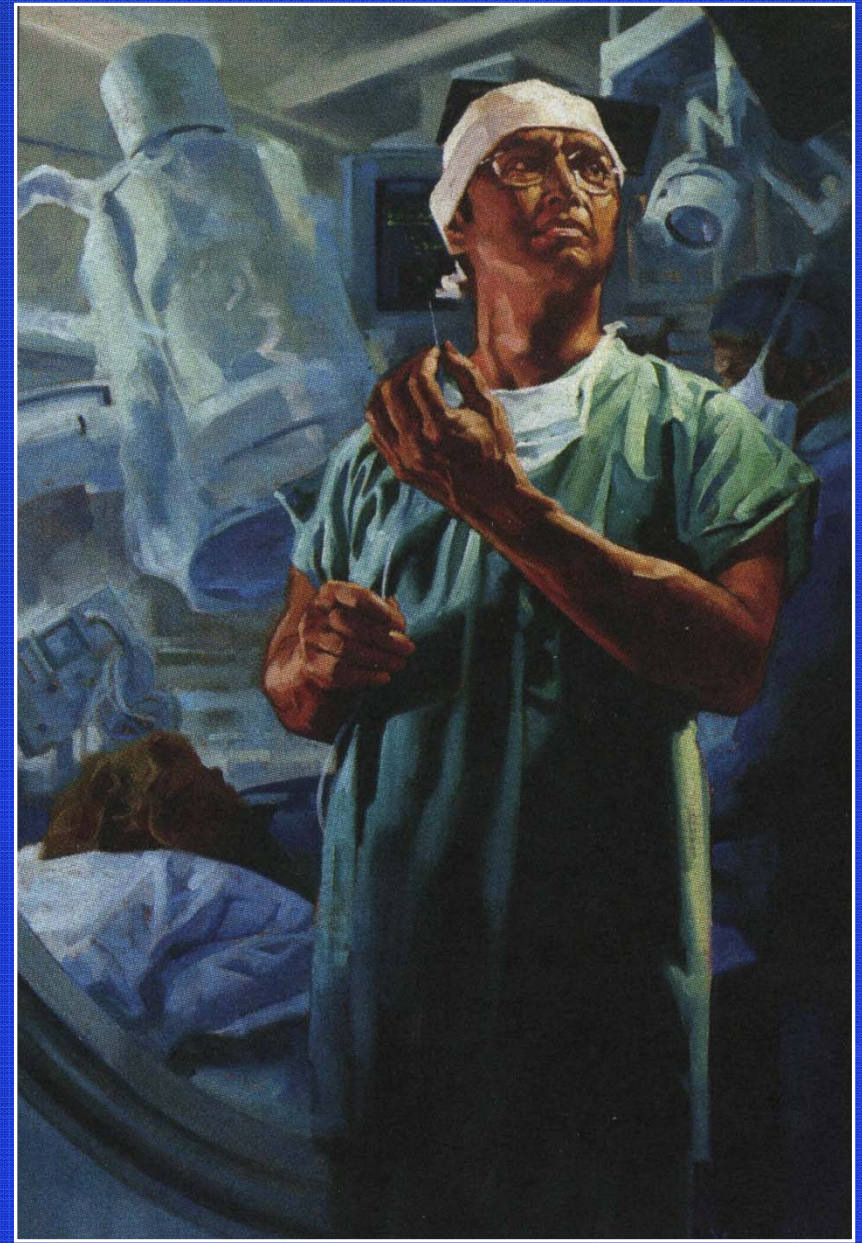
*The future is purchased by the present*

*~ Samuel Johnson*





*Doctor and Doll*, by Norman Rockwell, 1942



*Untitled*, by Gregory Manchess, 2006